



American
Heart
Association.

HEARTSAVER®

INFANT CPR



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1. Tap and shout.
2. Shout for help. Phone or send someone to phone 9-1-1.
3. Look for no breathing or only gasping.
4. Push hard and fast in the center of the chest at a rate of 100 to 120 compressions per minute. Give 30 compressions.
5. Open the airway and give 2 breaths.
6. Repeat sets of 30 compressions and 2 breaths.
7. If you are alone after 5 sets of 30 compressions and 2 breaths, take the infant with you to phone 9-1-1 and get an AED. Continue to provide CPR.